

LDF COVID News

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CDC Streamlines COVID Isolation Guidance

Regardless of vaccination status, you should isolate from others when you have COVID-19.

- You should also isolate if you are sick and suspect that you have COVID-19 but do not yet have test results.
 - If your results are positive, follow CDC's full isolation recommendations.
 - If your results are negative, you can end your isolation.

If you test positive for COVID-19, stay home for at least 5 days and isolate from others in your home.

- If after 5 days you are fever-free for 24 hours without the use of medication, and your symptoms are improving, or you never had symptoms, you may end isolation after day 5.
- Regardless of when you end isolation, avoid being around people who are more likely to get very sick from COVID-19 until at least day 11.
- You should wear a high-quality mask through day 10.

For more information on the latest CDC guidelines, please enter the following link into your web browser: <https://bit.ly/3bU0hnf>

Stay Up To Date With Vaccines & Virus Variants

With the fall season and school year near, it remains important to keep your vaccines up to date as new virus variants are likely to emerge. To ensure you know the latest, enter the following link into your web browser to visit the CDC website: <https://bit.ly/3AkQAaQ>

Where Can I Find Free Test Kits In Our Community?

- 📍 Peter Christensen Health Center Entrance
- 📍 Lac du Flambeau Tribal Police Department Entrance
- 📍 Call Incident Command Team: Dan Thompson or Stacy Stone

Got COVID Questions? Need COVID Supplies?

Call Dan Thompson: 715-588-4277 or Stacy Stone: 715-588-4454