

LDF COVID News

Handwashing Stops Germ Spread

Prevent germ spread during the pandemic by washing your hands with soap and water for at least 20 seconds:

- Before touching your eyes, nose, or mouth
- After touching your mask
- After leaving a public place
- After touching frequently touched surfaces

If soap and water are unavailable, use hand sanitizer with at least 60% alcohol to clean your hands.



2nd Booster Ok'd For 50-Plus & Immunocompromised

CDC says immunocompromised individuals and people over 50 who received an initial booster dose at least 4 months ago are eligible for another mRNA booster. **Second booster vaccines are available at PCHC on 1st, 2nd, and 4th Fridays each month by appointment or walk-in from 9-1130 a.m.**

What You Need To Know About COVID-19 Variants

CDC says viruses constantly change through mutation. Some variants emerge and disappear. Others persist. New variants will continue to emerge. Keep updated on variants by visiting the CDC website at this link: <https://bit.ly/3E7Ty2H>

Find Free Test Kits

- 📍 Peter Christensen Health Center Entrance
- 📍 Lac du Flambeau Tribal Police Department Entrance
- 📞 Call Incident Command Team: Dan Thompson or Stacy Stone

COVID Questions?

Dan Thompson:

715-588-4277

Stacy Stone:

715-588-4454