



**PCHC Community
Health Department**



*Healthy
Women
Stronger
Communities*

Hosted by

Well **WOMEN'S EVENT**

*Join us for a special gathering focused on
women's health, wellness, and self-care!*



**WEDNESDAY,
OCTOBER 14TH, 2026
3:00 PM – 6:30 PM**



**WELLNESS CENTER
ELDERS DINING ROOM**

OFFERED AT THE EVENT



**Raffle
Prizes**



**Women's Health
Education &
Information**



**Flu & COVID
Vaccines**



**Light Refreshments
during Bingo**



BREAST CANCER BINGO
5:00 PM – 6:00 PM

QUESTIONS?

*Come learn,
relax, connect
& enjoy!* 



Polly Martin, RN
715-588-3371
ext. 1908



Laura Uhlig, RN
715-892-0107

 **STRONG WOMEN • HEALTHY FAMILIES • BRIGHTER TOMORROWS** 