

Peter Christensen Health Center News



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Glaucoma Steals Eyesight With No Warning

Glaucoma is a leading cause of blindness worldwide, and you most likely won't know you're going blind until it's too late—unless you get a regular check up with your eye doctor. Annual eye exams are the only way to see nerve damage that causes glaucoma. Glaucoma is known as the 'silent thief of sight' because it lacks visible symptoms until a person loses significant amounts of their vision.

What You Need To Know

Annual eye exams are key to early detection of nerve damage causing glaucoma and blindness.

If glaucoma is caught early, treatment is available to prevent loss of vision through eye drops and other methods depending on the individual person.

Glaucoma is not always inherited from ancestors.

Eye injuries, steroid use, diabetes and hypertension all can deteriorate the optic nerve, leading to vision loss from glaucoma.

You can have perfect vision, pass driver's license eye exam, and not know you have glaucoma.

Glaucoma is known as the "silent thief of sight" because there are minimal symptoms until significant vision loss happens.

Glaucoma impacts all ages, infants to elderly.

Of the 3 million Americans who have glaucoma, about half of them lose as much as 40 percent of their vision before a person notices.

About PCHC

Peter Christensen Health Center, an AAAHC accredited healthcare provider, meets community members needs through coordinated, patient-centered, comprehensive health and wellness service that includes education, collaboration and patient sensitivity. Visit PCHClinic.com.

Who Serves You?

Meet Dr. Shane Brahm

Dr. Brahm graduated from University of Wisconsin-Green Bay with a Bachelor of Science in Human Biology, then earned his Medical Degree at Indiana University as a Doctor of Optometry.



Dr. Brahm is certified with the National Board of Examiners in Optometry and is a member of the American and Wisconsin Optometric Associations. He's practiced full-time at PCHC for over six years. He has a special interest in treating patients with diabetes and diabetic retinopathy. He is a local resident and enjoys hunting, fishing, and golf.

He believes that educating patients is the single most important thing he does. When patients have a better understanding about their eyes and vision, they can make good decisions about their care.

Make An Eye Appointment Keep Your Vision

A painless, annual eye exam is just a phone call away. Please schedule an appointment with one of our PCHC Optometrists. The call you make may just save your eyesight. Simply dial **(715) 588-3371**.